

Agenda

SUNDAY JULY 3

Participant Welcome
Bike Inspection
Cyclist Registration
Protocol ceremony
Welcome aperitif

Welcome lunch (payment and reservation required)

...

MONDAY JULY 4

Breakfast (reservation required)

5:00 FIRTS DEPARTURES

7:00 LAST DEPARTURES

...

WEDNESDAY JULY 6

First arrivals

...

FRIDAY JULY 8

Reception of the last finishers

...

Closing reception.

Computerised Monitoring

Computerised checkpoints will allow monitoring of the individual progress of each participant, accessible in real time on the dedicated event site.

Place of Departure-arrival

Salle Ariane - Allée du Preuilha
33160 Saint Médard en Jalles
FRANCE

The validation of this Brevet will allow
priority registration for
PARIS-BREST-PARIS 2023

Registration

Opening of sign-up : **15th January 2022**

Close of sign-up : **15th june 2022**

Registration exclusively online :

1200desraa.blogspot.fr

Preparatory Brevets

No qualification is required. However, it is highly recommended that participants complete a series of preparatory brevets.

For this reason, the RAA will host the following brevets in 2022 :

April 23 : BRM 200 km

May 07 : BRM 300 km

May 21 : BRM 400 km

June 11 : BRM 600 km

More Information :



1200desraa.blogspot.fr



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Partner Clubs

ASSM section Cyclotourisme, Cyclo Club Libourne, Union Cyclotouriste Coutras, Cyclo Club Saint Christophe des Bardes, Comité Départemental de cyclotourisme de la Corrèze, Cyclo Détente Lamonzien, Folga Tennis, Club Cyclo Arzacquois, Monein Cyclo Club VTT, Club Cyclotouriste Salisien, Vélo Sport Sauveterre, Cyclo Randonneur Luzien Lagunak, Club Olympique Bayonnais, Les Malhoins, ASEM Cyclo Mimizan, Biscarosse Olympique Cyclotourisme, Cyclos Parentissois, Union sportive Andernosienne.



BREVET RANDONNEUR 1200 Km

by Bike

to be completed in less than **90 hours**

from **3 to 7 JULY 2022**

departing from

SAINT MÉDARD EN JALLES
Near BORDEAUX



Brevet Randonneurs Mondiaux

From July 3 to 7, 2022 the **RANDONNEURS AUTONOMES AQUITAINS** will host the third edition of the **Ronde Aliénor d'Aquitaine,**

a 1200 km cycling RM Brevet to be covered within 90 hours. Departing and arriving from the Bordeaux metropolitan area, participants will cross the vineyards of Libournais and St Emilion before going up the course of the Isle River and entering Périgord. After a warm welcome orchestrated by our Corrèze neighbours, the route will head south. After crossing Lot et Garonne, a foray into the Gers and the Pyrenees will be in sight. A good Garbure (local stew) will serve as preparation to tackle the mythical passes of Soulor and Aubisque. The descent along the course of the Gave d'Oloron torrent will offer a moment of respite before reaching the green hills of the Basque Country. The most curious will take the time to contemplate the bay of Saint-Jean-de-Luz before going up the entire Landes and Gironde coast via the Arcachon Bay. Along the Gironde estuary, the vineyards of the Médoc via the Châteaux route will end up delighting cycling adventurers with lasting memories..

As in 2014 and 2018, the demanding course will be punctuated and softened by convivial checkpoints managed by local clubs, true partners of the organisation.

However, unlike the previous edition, only one starting wave will be offered:
 Monday July 4, 2022
 between 5:00 a.m. and 7:00 a.m.
 in successive groups limited to 20 cyclists.



1205 km (750 mi) long, 12700 m of climbing, Time allowance 90 hours

The **Ronde Aliénor d'Aquitaine** is beginning to make a name for itself after the National Level Randonneurs have given us the "long distance" badge. The testimonies of our many foreign participants, who have become true ambassadors of our beautiful region, continue build our international reputation. All thanks to the beauty and diversity of our landscapes, with their remarkable sites and warm receptions at the host towns and villages all along the route.

Controls

Controls will be mostly carried out by partner clubs.

Ctrl	Location	Km	Type
D	SAINT-MEDARD-EN-JALLES	000	📍
1	MONTPON-MENESTEROL	087	📍
2	VAUNAC	168	📍
3	CHARTRIER-FERRIERE	244	📍
4	MONPAZIER	336	📍
5	AGEN	406	📍
6	LE HOUGA	501	📍
7	SOUMOULOU	570	📍
8	COL D'AUBISQUE	630	📷
9	LARUNS	648	📍
10	SAUVETERRE-DE-BEARN	720	📍
11	SAINT-JEAN-DE-LUZ	804	📍
12	URT	857	📷
13	MIMIZAN	953	📍
14	LE MURET	1000	📷
15	ANDERNOS-LES-BAINS	1053	📍
16	LACANAU-OCEAN	1091	📷
17	LESPARRE-MEDOC	1142	📍
A	SAINT-MEDARD-EN-JALLES	1205	📍

**THIS IS A
 BICYCLE TRIP
 AND NOT A
 RACE !**
 Help us keep this spirit of
 conviviality and sharing
CAUTION ON THE ROAD